














EHHWBS 2019-2023 Dashboard infographics


reporting period 1st April 2019 to 31st March 2020 unless otherwise stated



1. Health Challenge - Deprivation		1st April 2019 - March 2020	
Strategy Priority		2. Empower children, young people and adults to achieve their life potential	
 <p>20% least deprived LA in East of England</p> <p>2070 (8.2%) children live in poverty</p>	Local Programmes <ol style="list-style-type: none"> 1. Community Grants Programme 2. Organisations supported with focus on deprived vulnerable wards 3. Improving health and wellbeing for volunteers and residents 	Outcomes <p>Grants awarded  35</p> <p>Deprived or vulnerable wards  9</p>	
Partner Programmes <p>Various partner organisations can apply.</p>	Funding received <p>EHC funded around £65, 000 in revenue and capital grants</p>	Technology <p>Online form assisted to enable easier e-submission</p> <p>Crowd funding exploratory platform to be launched with Community Foundation - details to follow</p>	



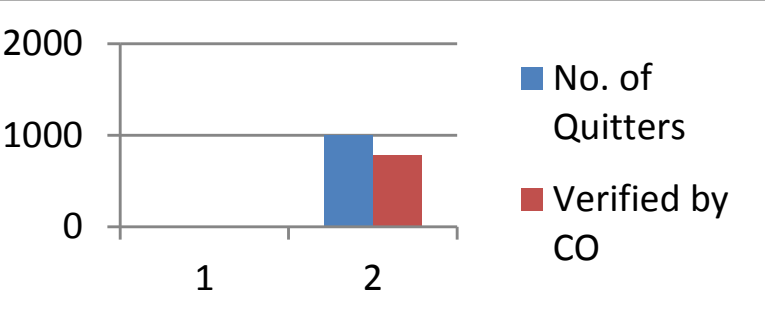
2. Health Challenge - Weight		1st April 2019 - March 2020	
Strategy Priority		2. Empower children, young people and adults to achieve their life potential	
 <p>14% year 6 overweight or obese</p> <p>54% adults (18+) overweight or obese</p> <p>2017/18 data sets</p>	Local Programmes <ol style="list-style-type: none"> 1. EHC supported 2. 3 x Courses held in Bishop's Stortford, Ware and Hertford Sele 	Outcomes <p>No. male participants  45</p> <p>Lost between 5 and 10% of their body weight  14</p>	
Partner Programmes  <p>Watford Football Community Education Trust Shape Up Programme</p> <p>Promoted via HWB partners and Primary care professionals</p>	Funding received <p>EHC funded x 2 courses</p> <p>HCC Public Health funded x 1 course</p> <p>£7,500</p>	Technology <p>Online participation Shape Up course promoted due to Corona virus</p> <p>65 signed up including East Herts focus during April 2020</p>	






3. Health Challenge - Physical inactivity 1st April 2019 - March 2020		
Strategy Priority 5. Create healthy places and sustainable communities		
 <p>Links to East Herts Physical Activity Plan and Green Spaces High Level Plan</p>	<p>Local Programmes</p> <ol style="list-style-type: none"> 1. East Herts Leisure facilities role 2. EHC Staff Live well, work well 3. Get Park Active Annual events 4. Friends of East Herts Parks Groups 	<p>Outcomes</p> <p>Residents engaged in 3  600</p> <p>Staff engaged in 2  300</p>
<p>Partner Programmes</p> <p>Active-In community programmes</p>	<p>Funding received</p> <p>EHC funded through internal contracts and staff time and departmental budgets</p>	<p>Technology</p> <ol style="list-style-type: none"> 1. East Herts Healthy Hub web links to PA chair based and seated exercises 2. Online Gym instructor produced by Herts Sports Partnership 3. Online PA apps ONEYOU couch to 5k

4. Health Challenge - Isolation and Loneliness 1st April 2019 - March 2020		
Strategy Priority 4. Promote positive health and wellbeing for all		
 <p>Links to EHSPS criteria of 55 ages plus addressing isolation, loneliness and mild depression</p>	<p>Local Programmes</p> <ol style="list-style-type: none"> 1. EHSPS - 500 plus individuals seen in 2.5 years since launch in January 2018. 2. Flagship service winner of Dr. Joan Crawford HCC Public Health excellence Award. 3. £196,000 savings costs to wider system 	<p>Outcomes</p> <p>Residents engaged in  250</p> <p>Significant wellbeing improvement and loneliness reduction modelled on initial independently analysed evaluation report for 100 residents. </p>
<p>Partner Programmes</p> <p>Partners supporting include GP practices, Practice Managers & Nurses, MDT teams and professionals, Patient Participation Groups and VCSE sector partners who received referrals and run activities.</p>	<p>Funding received</p> <p>EHC internal funded through Members matched funding support.</p>	<p>Technology</p> <p>Exploring digital technology usage for connection with Healthy Hubs East Herts approach</p> <p>SMS and behaviour change, Media conferencing engagement</p>

5. Health Challenge - Dementia 1st April 2019 - March 2020		
Strategy Priority 4. Promote positive health and wellbeing for all		
 <p>Dementia support for families, carers and individuals</p>	<p>Local Programmes</p> <ol style="list-style-type: none"> 1. Dementia Community Engagement via Dementia Friendly Action Alliance 2. Dementia Friendly film sessions 	<p>Outcomes</p> <p>Residents engaged in 200</p> <p>Number of meetings 15</p> <p>Towns engaged 3 out of 5</p> <p>Taxi Drivers dementia trained 350</p>
<p>Partner Programmes</p> <p>Partners including VCSE sector, Care Homes, NHS Professionals and Herford Theatre.</p>	<p>Funding received</p> <p>Enabled through CWBP and Dementia Action Alliances, seeking funding avenues</p>	<p>Technology</p> <p>Exploring digital technology usage and online engagement and also non-digital means of information communication including post Covid-19 responsiveness</p>

6. Health Challenge - Mental health and wellbeing 1st April 2019 - March 2020		
Strategy Priority 4. Promote positive health and wellbeing for all		
 <p>Mental health and wellbeing is an essential quality for all and supports lifestyle wellbeing</p>	<p>Local Programmes</p>  <ol style="list-style-type: none"> 1. Local endorsed partners include 2 x local Mind organisations with support from CAEH 2. EHC Live well, work well 	<p>Outcomes</p> <p>Healthy Hub outcomes too early to report on.</p> <p>EHC staff participated in at least one activity (90% of employees) 300</p> <p>EHC Live well, work well finalist for REBA Employee Wellbeing Awards 2020</p>
<p>Partner Programmes</p> <p>Partners including HCC Public Health supporting VCSE sector and speaker representation</p>	<p>Funding received</p> <p>Internal EHC funding and additional matched funding from sought</p>	<p>Technology</p> <p>Hub Mind partners supporting online mental wellbeing zoom classes and peer support</p> <p>Using Hub online activities for staff access and behavioural SMS support</p>

7. Health Challenge - Smoking 1st April 2019 - Sept 2019 (retrospective data)											
Strategy Priority 6. Strengthen health improvement and ill-health prevention											
	Local Programmes  <ol style="list-style-type: none"> 1. Hertford (HCC) 2. Stop Smoking Clinic to open at Charringtons soon 3. Services signposted on Hub website 	Outcomes  <table border="1"> <caption>Outcomes Data</caption> <thead> <tr> <th>Category</th> <th>No. of Quitters</th> <th>Verified by CO</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>0</td> <td>0</td> </tr> <tr> <td>2</td> <td>1000</td> <td>800</td> </tr> </tbody> </table>	Category	No. of Quitters	Verified by CO	1	0	0	2	1000	800
Category	No. of Quitters	Verified by CO									
1	0	0									
2	1000	800									
Partner Programmes Hertfordshire Stop Smoking Service provide 1-2-1, telephone and group support	Funding received HCC public health provided service	Technology E-cigarettes combined with Stop Smoking therapies more effective									

8 & 9. Health Challenge - Sustainable and Public Transport 1st April 2019 - March 2020		
Strategy Priority 6. Strengthen health improvement and ill-health prevention		
 <p>Place development</p> <p>EHC Community Transport Strategy</p>	Local Programmes <ol style="list-style-type: none"> 1. Various EHC programmes including electric car club, liftshare, bike to work and bike breakfast events. Subway wrapping and Air Quality text alert system 2. HGGT and housing and place opps 	Outcomes Lift share  48 Bike breakfast  35 Bike to work sign ups  3 Air quality alert system sign up  43
Partner Programmes EHC and VCSE sector enabling Community Strategy actions	Funding received Local funding and National place and infrastructure funding	Technology SMS for Air alert system Embracing digital technologies for improved sustainable and public transport connections and efficiencies